Tanya Frank

(Email): tanfrank@me.com

Education

Jump Start Fellowship Program – Mental Health America Los Angeles

Mar-May 2015

Mental Health Rehabilitation Specialist

Intensive 12-week post-graduate program that delivers theoretical instruction and practical training in the psychosocial rehabilitation model of mental health services. Curricula includes:

- LACDMH documentation
- Motivational Interviewing and reflective listening
- Stigma reduction and effective advocacy for clients
- Specific demography: TAY, Homeless, Veterans, Lesbian & Gay

University of California, Riverside.

2010-2012

Master of Fine Arts in Creative Nonfiction

Teaching Assistantship: Introduction to Fiction and Memoir. Appreciation of genres and the elements of craft. Through several course readings and in-class assignments students fashioned and revised a story.

University of Greenwich, London, U.K.

Post-Graduate Certificate in Education: Further and Higher Education **TESOL** and Adult Basic Education

June 1994

University of East London, U.K.

Bachelor of Arts in Women's Studies

June 1993

Experience

Didi Hirsch Mental Health Services Jump Start Intern - Wellness Center

Mar-May 2013 **Culver City**

- Facilitated recovery based member meetings and groups poetry, song-writing, journaling.
- Built relationships with members through the use of reflective listening and motivational interviewing.
- Supported members with budgeting, grocery shopping, meal planning and cooking skills.
- Shadowed staff in the field.
- Observed individual counseling and therapy sessions
- Referred members to community resources and services within Didi Hirsch as and when necessary.

Writopia Lab Los Angeles

Dec 2012-present

- Led workshops in fiction, non-fiction, poetry and screenwriting.
- Worked with small groups and one-on-one to provide students with hands-on experience of craft.
- Edited and selected work for end of course reading at Barnes & Noble.
- Met with parents to discuss student progress.

Memoir Facilitator for elders

- Delivered memoir-writing workshops to assisted living communities in Los Angeles.
- Assisted students to apply story structure to their unique life experiences.
- Shared stories orally and offered transcription where necessary.
- Conducted intermittent tests to assess long-term memory recall and monitored how the activity of life writing lessened symptoms of Alzheimer's and mild cognitive impairment.

WriteGirl Los Angeles CA Mentor for teen girls Sep 08-Sep 09

- Member of educational committee, responsible for supporting and assisting girls in preparing for college.
- Facilitated writing workshops for pregnant and parenting young women.
- One-on-one bi-monthly meetings to mentor assigned teen girl.

Pacific Center for Creative Learning

Santa Monica CA

Special Academic Program Developer

2002-2007

- Researched, evaluated and prepared curricula, instructional methods and materials for gifted and highly gifted students.
- Conducted workshops and conferences with teachers and parents.
- Interviewed teaching staff.
- Complied with Title 22 licensing, regulations and accreditation standards

The Open University, U.K.

London, U.K

Tutor/Counselor Introduction to Social Science

- Provided academic support through face-to-face, telephone or electronic teaching methods.
- Monitored the progress of students in order to improve retention and graduation
- Identified individual student needs for additional support, e.g. Study skills, amanuensis, in-home tutorial
- Facilitated study groups and summer school classes of thirty-five students.
- Participated in staff development activities to maintain and enhance professional experience

Awards/Research/Publications/Cont. Ed.

| ManifestStation "My Son of the South" (pseudonym: T. Hudson) | 2015 |
|---|------|
| Role/Reboot: "I Wish I Knew my Father-in-Law" | 2014 |
| KCET Arrivals/Departures: "Wooed by the Weather" | 2013 |
| Lumina Journal: The College of Sarah Lawrence: "Greysville" | 2012 |
| Fiddleback: "Pretty Boy" | 2010 |
| Connotation Press | 2010 |
| LA Family Magazine: "Stimulate your child's community service." | 2008 |
| LA Family Magazine "Supplementary Schooling." | 2008 |
| | |

| Mellon Foundation Medical Narratives. Interdisciplinary Research | 2010-2012 |
|--|------------------|
| Creative Non-Fiction Scholarship to Squaw Valley Writing Community | June 2012 |
| Marcia McQuern Awards in Creative Non-Fiction | 2010/2011 |
| NAMI: Family-to-Family education. 12-week course | Nov 2010 |
| CA. Dept. of Health Services: Activity Director for Elders Certification | April 2009 |